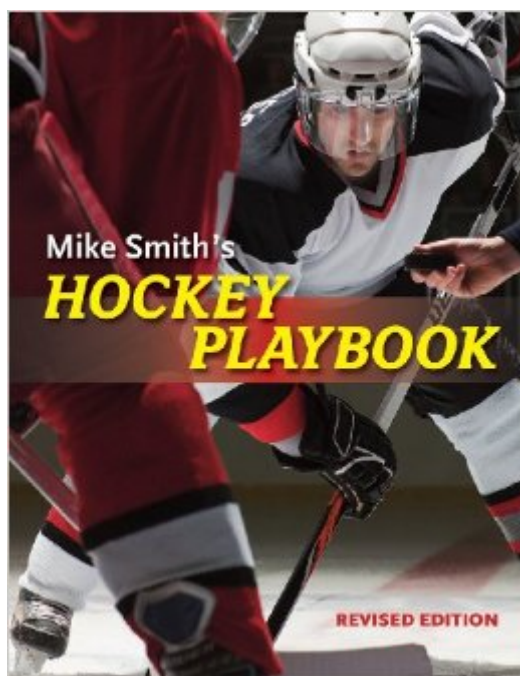


The book was found

Mike Smith's Hockey Playbook



Synopsis

The bible for hockey coaches at all levels of competition. Mike Smith's Hockey Playbook is a practical handbook for coaches seeking to improve their players and better their team-play. The book features systems for defensive, offensive and special-team situations, all accompanied by annotated, easy-to-understand diagrams. The systems range from conservative to aggressive -- some are intended for big, physical teams; others for fast-skating and highly skilled teams; and some work for both. Smith also includes teaching methods and drills for honing specific skills. The first challenge for every coach is to determine the abilities of each skater. The approach in Mike Smith's Hockey Playbook is effective with players of all ages and levels of ability. Coaches can match systems with team strategy, bringing a special creative magic to one of the fastest team sports in the world. Mike Smith's Hockey Playbook includes: Clear step-by-step diagrams Dozens of plays and skill-building drills Conservative and aggressive systems Teaching strategies for all levels of play.

Book Information

Paperback: 168 pages

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Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars See all reviews (1 customer review)

Best Sellers Rank: #2,029,247 in Books (See Top 100 in Books) #96 in Books > Sports & Outdoors > Coaching > Hockey #893 in Books > Sports & Outdoors > Hockey #2002 in Books > Sports & Outdoors > Winter Sports

Customer Reviews

Clear, concise, readable, coherent, and beautifully presented. Not a single word of nonsense anywhere. All totally straight-forward and user-friendly. Keeping things simple is often great advice, and this book follows that philosophy exactly: it sticks to the tried and tested, and to the soundest fundamentals. (And there's never a day when the fundamentals are not required IN ABUNDANCE. In fact, most mistakes come down to breakdowns, or a lack of understanding, of the very basics. In other words, to play hockey well, you don't have to make it complicated.) The book's key innovation

is its step-by-step diagrams. They show how a play, a situation - be it defensive or attacking - evolves. This is done over several drawings; up to eight in some instances. (A single drawing just freezes a moment in time. Then you're left wondering, WHAT NOW? Not here. The diagrams function as a sort of picture show, letting you see what's next. Great stuff.) Overall, an excellent resource, not only for players and coaches, but for goalies and fans too. Highly recommended.

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